

Letter to Editor

Unveiling Nipah: Battling the Virus Onslaught

Jasmine M', Suganthi S², Divya I', Manoj P³, Aravind Manoharan⁴

¹Assistant Professor, ²Associate Professor, ³Senior Resident, ⁴Professor, Department of Community Medicine, Chettinad Hospital and Research Institute, Chettinad Academy of Research and Education.

DOI: https://doi.org/10.24321/0019.5138.202355

INFO

Corresponding Author:

Jasmine M, Department of Community Medicine, Chettinad Hospital and Research Institute, Chettinad Academy of Research and Education.

E-mail Id:

jasjasmine98@gmail.com

Orcid Id:

https://orcid.org/0000-0002-2070-6196

How to cite this article:

Jasmine M, Suganthi S, Divya I, Manoj P, Manoharan A. Unveiling Nipah: Battling the Virus Onslaught. J Commun Dis. 2023;55(4):54-55.

Date of Submission: 2023-09-14 Date of Acceptance: 2023-10-22

DEAR EDITOR

This correspondence aims to highlight the pressing nature of the latest Nipah virus epidemic, which has once again instilled apprehension in our society. The Nipah virus serves as a poignant reminder of the persistent danger posed by emerging infectious diseases, necessitating a shared sense of watchfulness and dedication to combat this assault on public health. According to the World Health Organization (WHO), in outbreaks in Bangladesh, India, Malaysia, and Singapore, the casefatality rates usually vary from 40% to 100%. The re-emergence of the Nipah virus in the afflicted area in recent weeks has prompted worries among health professionals and the general population due to its quick disease transmission capabilities and severe repercussions. Hence, appropriate steps and measures are vital to reduce its impact.

The primary objective of this letter is to provide a comprehensive analysis of many fundamental elements pertaining to the Nipah virus epidemic.

- 1. Timely and comprehensive monitoring: The implementation of a monitoring system that is both prompt and thorough, is necessary in order to identify and track any concerns at an early stage. The establishment of effective information exchange mechanisms across healthcare institutions and authorities is of utmost importance.
- 2. Enhancing community knowledge and education: It is imperative to bolster public awareness programmes aimed at educating the population about the Nipah virus, encompassing its associated illnesses, symptoms, and preventative measures. This can aid in debunking misconceptions and fostering conscientious conduct.
- 3. Safety of health professionals: The safety of health professionals managing Nipah patients is of utmost importance. To maintain their well-being and dedication, it is crucial to provide them with adequate training, personal protective equipment (PPE), and psychological support.
- 4. Research and vaccine development: There is a pressing need for augmented spending in research to enhance our comprehension of the virus and expedite the development of a vaccine against the Nipah virus.⁶
- **5. International collaboration:** In light of the worldwide scope of infectious illnesses, it is imperative to foster cooperation with

international entities and neighbouring nations in order to mitigate the further transmission of Nipah.⁷

In conclusion, the emergence of the Nipah virus serves as a poignant reminder of the perpetual risk posed by new infectious diseases. Through measures like the implementation of early detection measures, heightened community awareness, safeguarding the health workforce, allocating resources towards research, and fostering robust international collaboration, we can together combat this viral onslaught and safeguard our communities against further adversities.

Source of Funding: None Conflict of Interest: None

References

- 1. Arif SM, Basher A, Quddus MR, Faiz MA. Re-emergence Nipah-a review. Mymensingh Med J. 2012 Oct 1;21(4):772-9. [PubMed] [Google Scholar]
- World Health Organization [Internet]. Nipah virus infection - India; 2023 [cited 2023 Sep 14]. Available from: https://www.who.int/emergencies/diseaseoutbreak-news/item/2023-DON490#:~:text=The%20 case%2Dfatality%20rates%20in,or%20vaccines%20 for%20this%20disease
- Reuters [Internet]. India's Kerala state reports two deaths from Nipah virus; 2023 [cited 2023 Sep 14]. Available from: https://www.reuters.com/world/india/ indias-kerala-state-reports-two-deaths-due-nipahvirus-official-2023-09-12/
- 4. Nikolay B, Salje H, Khan AK, Sazzad HM, Satter SM, Rahman M, Doan S, Knust B, Flora MS, Luby SP, Cauchemez S, Gurley ES. A framework to monitor changes in transmission and epidemiology of emerging pathogens: lessons from Nipah virus. J Infect Dis. 2020 May 1;221(Suppl 4):S363-9. [PubMed] [Google Scholar]
- Hassan MM, Kalam MA, Alam M, Shano S, Faruq AA, Hossain MS, Islam MN, Khan SA, Islam A. Understanding the community perceptions and knowledge of bats and transmission of Nipah virus in Bangladesh. Animals (Basel). 2020 Oct 5;10(10):1814. [PubMed] [Google Scholar]
- 6. Singh RK, Dhama K, Chakraborty S, Tiwari R, Natesan S, Khandia R, Munjal A, Vora KS, Latheef SK, Karthik K, Malik YS, Singh R, Chaicumpa W, Mourya DT. Nipah virus: epidemiology, pathology, immunobiology and advances in diagnosis, vaccine designing and control strategies—a comprehensive review. Vet Q. 2019 Dec;39(1):26-55. [PubMed] [Google Scholar]
- Román RG, Wang LF, Lee B, Halpin K, de Wit E, Broder CC, Rahman M, Kristiansen P, Saville M. Nipah@20: lessons learned from another virus with pandemic potential. mSphere. 2020;5(4):e00602-20. [PubMed] [Google Scholar]