



National Activities

Activities of IAAH Chandigarh Chapter Since Inception

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The proposal of starting a Chandigarh Chapter was given in Nov 2018 by reverent Dr Jugal Kishore, secretary National Body IAAH and this proposal got conceptualised in 2019 by constant support of Dr Amarjeet Singh, Prof and Head school of Public Health, PGIMER Chandigarh. Dr. Sonia Puri is the secretary of the Chandigarh chapter. First Formal Meeting was held in 2020 and its executive body comprises of members from varied reputed institutes- GMCH, PGIMER, GMSH16 was formulated.

Aims and Objectives of the association are in concordance to that of the national body:

- To promote all aspects of adolescent and youth health and development
- To work for prevention of problems emerging among adolescent through organized efforts.
- To undertake multidimensional activities for the cognizance of adolescent health needs.
- To study the health problems of adolescents and youth, their sexual and reproductive behavior and related problems.
- To develop human resource in adolescent health care by conduct training, service programmes short term and long term courses, etc.
- Conducting Family Life Education, Sex Education and counseling Service, etc. through association's institution and in collaboration.
- To document and or publish journal, reports, research monographs and other literature concerning adolescents and youth.
- To collaborate with any other organization (s) in order to carry out the objectives of the Association.
- To endeavor to convert the best available knowledge and practices and disseminate the same so that there is a nationwide awareness through community participation for holistic development of adolescents and youth.

Activities

In covid pandemic there was a sudden splurge of gadgets in everyone's life and birth of online era. And as gadgets were going harmful for adolescents, hence we kept our slogan for the year " Making Gadgets Adolescents Health Friendly" and strived to do useful online activities .

An online activity, interschool poster competition on "world AIDS day" was done (online platforms used for reaching adolescents). Students actively participated and best posters were awarded. An adolescent NGO, "EK Kadam" was roped in .This NGO is being run by adolescent students and is actively doing various activities serving all cadres of population with main focus on under privileged children. We have also collaborated with: " SAANJHI GMCH" (Jan Swasthaya Shiksha and Rog Nivaran) project, supported by swaraj Mazda (SML ISUZU group), being proposed on guidelines of our respected Prime minister, Sir Narendra Modi - A vision to develop a Model Village.

Future Agenda

Now we are working for elderly and trying to shape a model of "Adolescents and Elderly" benefitting each other. Also we are working on an ICMR research proposal on "PCOD in adolescent girls" other project on "Health Promotion of street Vendors" of Chandigarh.

