



1st State Conference on Adolescent and Youth Health Promotion

Theme: Steps to a Healthier India

Date: Saturday, 27th April, 2019

Time: 9:00 AM to 5:00 PM

Venue: KIMS College, Banashankari 2nd Stage, Bangalore.

Organised by

Department of Community Medicine, Kempegowda Institute of Medical Sciences (KIMS), Bangalore, India.

In collaboration with

Indian Association for Adolescent Health (IAAH)
Department of Youth Empowerment & Sports, Government of Karnataka
Department of Epidemiology, NIMHANS, Bangalore
Bangalore Adolescent Health Academy (BAHA)
Project BBMP Roshini, Bangalore

Organizing Committee

Patrons

Sri. K. Srinivas, IAS, Commissioner, Department of Youth Empowerment & Sports, Government of Karnataka.

Mr. Ali Sait, CEO, Tech Avant- Garde, Project BBMP Roshini, Bangalore.

Dr. B. N. Gangadhar, Director, NIMHANS, Bangalore.

Dr. V. T. Venkatesha, Dean & Principal, KIMS, Bangalore.

Organizing Chairman

Dr. D.H. Ashwath Narayana
Professor & H.O.D. of Community
Medicine, KIMS, Bangalore.

Organizing Secretary

Dr. Ravish H.S.
Professor of Community Medicine,
KIMS, Bangalore.

Treasurer

Dr. K.S. Ramya
Assistant Professor of Community
Medicine, KIMS, Bangalore.

Advisors

Dr. Prema Bali
President, IAAH (HQRS), New Delhi.

Dr. Jugal Kishore
Secretary General, IAAH (HQRS), New Delhi.

Dr. G. Gururaj
Dean, NIMHANS, Bangalore.

Wg. Cdr. R.K. Mandal
Secretary, IAAH, Karnataka Chapter.

Dr. B.S. Pradeep
Principal Investigator, Yuvaspandana.

Dr. R. Prema
President, BAHA, IAP.

Adolescence (10 to 19 years) and **Youth** (16-35 years) are the two overlapping age groups considered as “**Young people**” covering the age group of 10-35 years. This is a period of transition from childhood to adulthood having major physical and psychological changes with sexual development; as well as great changes in social interactions, relationships, expectations, roles and responsibilities. Many health related issues that persist throughout the life such as tobacco, alcohol and illicit substance use; diet and physical activity; mental disorders, high risk sexual behaviours, injuries and violence are often adapted during adolescence. Young people often lack awareness of the harms associated with risk behaviours and the skills to protect themselves. There is a strong need for the public health movement to identify, prepare, integrate and implement population-based interventions; that help to promote health and healthy lifestyles of young people. This conference offers a platform for the Teachers, Public health personnel, Policy makers and others to get the insight of all these issues and promotes their interest for its practice to build a strong & healthy future India.

Registration Details:

Category	Delegate Fee (Up to 25 th April, 2019)	Spot Registration Fee
Students	750	1000
Faculty	1000	1250

Karnataka Medical Council has awarded Two Hours of Accreditation vide KMC no. 139/2019 dated 26.3.2019

Registration fee payment options

Demand Draft in favour of “Department of Community Medicine, KIMS”, payable at Bangalore & sent to: Dr. K.S. Ramya, Department of Community Medicine, Kempegowda Institute of Medical Sciences (KIMS), Banashankari 2nd Stage, Bangalore – 560070; Mobile No. 9481629498

drramyaks@gmail.com or *NEFT transfer* to Punjab National Bank, Banashankari 2nd Stage branch, Bangalore–70; “Department of Community Medicine, KIMS” Account No: 4623000100001872; Account Type: Savings Bank; IFSC code: PUNB0462300 Note: *Kindly indicate the delegates name in the NEFT transaction remarks.*

Instructions for abstract submission

Registration for the conference is mandatory to send the Abstracts, except for invitee speakers. Each delegate is entitled to submit only one paper. Abstracts of the scientific paper presentation should be submitted through E-mail: drravishhs@rediffmail.com

Abstracts should not be more than 250 words. It should be written in the following order: Title, Background, Objectives, Methodology, Results & Conclusions. Abstracts without Results and Conclusions will not be considered presentation. Presented papers will be published in ***Indian Journal of Youth and Adolescent Health.***

Awards will be given to Best Oral & Best Poster Presentations. **Last date for Abstract submission is 20th April, 2019.**